



# EUROPEAN CHAMPIONS WPC/AWPC - 2022 POWERLIFTING, BENCHPRESS & DEADLIFT

**Location:** Kiskunfélegyházi Városi Sportcsarnok  
Kiskunfélegyháza, Kossuth Lajos utca 35. H-6100 Hungary

**Meet director:** Sándor Freimann (+36-30-520-9193)

**Main organizer:** Zoltán Patyi (+36-70-935-8107)

**Date:** 22-26. June 2022

## Lifting Schedule

22. June - WPC-AWPC: - POWERLIFTING equipped SINGLE and MULTIPLY all categories - women and men  
& POWERLIFTING RAW all women and teen men

23. June - WPC-AWPC: - POWERLIFTING RAW, all men – junior, open, masters  
& POWERLIFTING RAW CLASSIC all women and teen men

24. June - WPC-AWPC: - POWERLIFTING RAW CLASSIC, all men – junior, open, masters

25. June - WPC-AWPC: - BENCHPRESS RAW, single and multiply, all categories, women and men

26. June - WPC-AWPC: - DEADLIFT RAW, single and multiply, all categories, women and men

Opening ceremony: 9.30 h Start of competition: 1. day – 10.00 h; other day: 9.00 h

## Weigh-in Schedule:

21. June 10.00-12.00; 14.00 – 18.00 h

22-25. June 9.00-11.30; 15.00-18.00 h

**All weigh-ins take place the day before lifting.**

**There will be no weigh-ins on the day of lifting!**

**Categories:** All WPC/AWPC Weight Categories & All WPC/AWPC Age Divisions  
Raw, Classic Raw, Singleply and Multiply  
(In AWPC category 10 % of the athletes will be doping-tested.)

**Age categories:**

T1 13-15; T2 16-17; T3 18-19; Junior: 20-23; Submaster: 33-39; Open;

Masters: 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70-74; 75-79; 80+

**Weight categories:**

Women: 44, 48, 52, 56, 60, 67,5, 75, 82,5, 90, 100, 110, 110+

Men: 52, 56, 60, 67,5, 75, 82,5, 90, 100, 110, 125, 140, 140+

**Entry Fees:** WPC First Event 70 €  
Additional Events 50 €/event  
AWPC First Event 85 €  
Additional Events 65 €/event  
**There is no Late Entry Fees!**

**Closing Date:** 25. May 2022. Team List to be emailed to [hungarianpowerliftingcongress@gmail.com](mailto:hungarianpowerliftingcongress@gmail.com) by this date.  
Each nation must set their own closing dates for lifters to submit their entry for inclusion on the team list.

**To Enter:** Entry list: <https://awpc-wpc.hu>

**Awards will be given to the first three places in each Men's & Women's divisions (medal and diplom)**

**Absolut: there will be one Men's and one Women's best lifter award in each division. (Cup and diplom)**

**Special Prizes: Prizes offered by the competition organizer and sponsors by category.**

**Rules:** These Championships will be conducted using the WPC/AWPC Rules. The Rulebook is available to download from the WPC Website <https://worldpowerliftingcongress.com/>

**Referees:** Applications for refereeing from the referee of the international category WPC to the e-mail address are accepted: [hungarianpowerliftingcongress@gmail.com](mailto:hungarianpowerliftingcongress@gmail.com)

**Website:** All information will be included on the championships website: <https://awpc-wpc.hu>

**See You in Kiskunfélegyháza**